



# RESOURCES FOR DEPRESSION IN THE ELDERLY

A Depression Recovery Toolkit—Geriatric Mental Health Foundation

[http://www.gmhfonline.org/gmhf/consumer/depression\\_toolkit.html](http://www.gmhfonline.org/gmhf/consumer/depression_toolkit.html)

Booklets from American Association for Geriatric Psychiatry

[www.aagponline.org](http://www.aagponline.org)

- Depression in Late Life: Not a Natural Part of Aging
- Healthy Aging: Keeping Mentally Fit as You Age
- The Role of the Geriatric Psychiatrist
- Coping with Depression and the Holidays: Suggestions for Older Adults, Their Families and Friends

“Depression, Isolation, Social Support, and Cardiovascular Disease in Older Adults”

Heather M. Arthur

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Can be downloaded from [www.nursingcenter.com](http://www.nursingcenter.com)

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