

RESOURCES

■ Health Ministry Resources

- Healthfinder
www.healthfinder.gov
- National Health Observances
www.healthfinder.gov/library/nho
- Office of Minority Health
www.omhrc.gov/omhrc/index

■ Community Health Resources

GENERAL:

Fairfax County Department of Health

The Health Centers provide medical attention for acute and chronic illnesses, prenatal services, health education and counseling for residents of Fairfax County eligible for their services and enrolled in their program. Call the numbers listed below for eligibility requirements.

Health Centers:

Baileys Health Center
703-237-3446

South County/Alexandria
703-704-5333

North County/Reston
703-689-2180

NVCC Medical Education Campus

Provides physical exams, medical attention for chronic illness, women's health, and eye exam for people without health insurance. Dental hygiene clinic available.

Primary Care Clinic/Springfield
703-822-6607
(appointment required)

Resource Center/Franconia
703-644-0000 (no appointment)

Resource Center/Culmore
703-379-5217 (no appointment)

ALZHEIMER'S DISEASE

Alzheimer's Association, Capital Area

866-259-0042

Alzheimers Family Day Center

703-204-4664

ASTHMA

American Lung Association of Northern Virginia

703-591-4131

Asthma & Allergy Foundation of America

800-7ASTHMA

Inova HealthSource

703-208-5600

ARTHRITIS

Arthritis Foundation

Metropolitan Washington Chapter
202-537-6800

VA Chapter (Loudoun and Prince William)
800-226-4267

CANCER

American Cancer Society

800-227-2345

www.cancer.org

National Cancer Information Center

1-800-ACS-2345

Inova Health System

Cancer Services

703-776-2841

www.inova.org/cancer

Y-Me National Breast Cancer Organization

703-461-7310

www.y-me.org

DEATH AND DYING

Capital Hospice

800-869-2136

DENTAL CARE

Affordable Dentures

800-336-8873

American Dental Association

www.ada.org/public/manage/index

Dental Hygiene Program for NVCC

703-822-6655

(cleaning, fluoride, X-rays)

Northern Virginia Dental Clinic

(several locations for low income persons)

703-820-7170

DIABETES

The American Diabetes Association

(books and other resources)

Shop online or order by phone

1-800-232-6733

www.diabetes.org

ADA "Support the Cure" Wristbands

Now Available

EYE CARE

National Eye Institute,

National Institutes of Health

800-869-2020

www.nei.nih.gov

HIV/AIDS

KI Services

703-838-0204

www.kiservices.org

Northern Virginia AIDS Ministry

703-533-5505

www.novam.org

Inova Juniper Program (treatment)

703-321-2600

www.inova.org/juniper

HIV TESTING

Local Health Department

Arlington County Health Dept.
703-228-5200

Fairfax County Health Dept.
703-246-2951

Prince William Health Dept.
703-792-6300 (Manassas)
703-792-7300 (Woodbridge)

LIVING WILLS WEB SITES

www.agingwithdignity.org
(5 Wishes booklet)

www.putitinwriting.org
(Available in English and Spanish)

NUTRITION

12 Ways to Eat Better for Less
health.webmd.com/cgi-bin21/DM/y/eka30IjNYz0Dt70fw10E2

OBESITY

Weight-Control Information Network, National Institute of Diabetes and Digestive and Kidney Diseases

877-946-4627

www.win.niddk.nih.gov/index.htm

Online Resources:

Energize Yourself and Your Family: A Guide for African-Americans and their Families

win.niddk.nih.gov/publications/energize.htm

Just Enough for You: About Food Portions

win.niddk.nih.gov/publications/just_enough.htm

Weight Loss for Life

win.niddk.nih.gov/publications/for_life.htm

Families and Children

Department of Family Services

703-324-7500

www.fairfaxcounty.gov/service/dfs

Inova Partnership for Healthier Kids (PHK)

Access to Care and Prevention Programs

703-321-1991, 703-321-1997

www.inova.org/phk

My Family Health Portrait

(a free tool to increase awareness of the medical value of family history)

888-Ask-HRSA

www.hhs.gov/familyhistory

Parent Connection

A Resource Guide to Parent Education

703-836-1820

www.scanva.org

Parent Pages 2005 Washington Metro Area Guide

www.TheParentPages.com

Seniors

American Association of Homes and Services for the Aging

202-783-2242

www.aahsa.org

National Institute on Aging

www.niapublications.org

National Association of Area Agencies on Aging

202-296-8130

www.n4a.org

Agencies on Aging

Alexandria703-838-0920

Arlington County703-228-1700

Fairfax County703-324-5411

Loudoun County703-324-5411

Prince William County . .703-792-6400

Elder Care Locator

(Agencies on Aging in the US)

800-677-1116

AARP

800-687-2277

www.aarp.org

National Alliance for Caregiving

www.caregiving.org

National Family Caregivers Association

800-896-3650

www.nfcacares.org

WebMD

Community home page for seniors

<http://health.webmd.com/cgi-bin21/DM/y/eka80IjNYz0F40gBC0Ed>

Starting a Health Ministry

Congregational Health: How To Make Your Congregation A Health-Aware Community by Kristen Mauk, Cynthia Russell, and Jack Birge.

(This book has a chapter on starting a Health Program in your Congregation.)

Hilton Publishing Co.

Roscoe, IL

815-885-1070

Guide to Church Nursing 2006

(code number 3454)

RH Boyd Publishing

877-4RHBOYD

www.rhboydpublishing.com

Suicide

Crisislink

703-527-6603

www.crisislink.org

24-Hour Hotline In Northern Virginia

703-527-4077

National Hopeline Network

800-784-2433

Therapeutic Touch Websites

www.therapeutictouchnetwk.com

www.therapeutic-touch.org

www.harthosp.org

www.massagermag.com