



# Resources For Substance Abuse Awareness & Spirituality

## Inova Health System Alcohol and Drug Services

Inova Comprehensive Addiction Treatment Services (CATS)  
[www.inova.org/mental\\_health/cats/index.jsp](http://www.inova.org/mental_health/cats/index.jsp) OR 703-776-7777

## Spiritual Resources

Alcoholics Victorious  
<http://www.alcoholicsvictorious.org/>

Calix Society  
<http://www.calixsociety.org/>

Spiritual Abuse  
<http://www.spiritualabuse.com/#>

Secular Organizations for Sobriety (SOS -- also known as Save Our Selves)  
<http://www.cfiwest.org/sos/index.htm>

## Local Resources

Am I an Alcoholic?  
[http://www.psybersquare.com/recovery/rec98\\_am\\_i\\_alcoholic.html](http://www.psybersquare.com/recovery/rec98_am_i_alcoholic.html)

The Online Resource for Alcoholics Anonymous in the Nation's Capital.  
<http://www.aa-dc.org>

Virginia Area Al-Anon/Alateen  
<http://www.va-al-anon.org/>

Al-Anon and Alateen website of Northern Virginia  
<http://www.alanonva.com/>

Unity Club  
<http://unityclub.com/>



## Family Resources

Families Anonymous

<http://famanon.home.att.net/wsb/html/view.cgi-home.html-.html>

Adult Children of Alcoholics—World Service Organization

<http://www.adultchildren.org/>

Al-Anon/Alateen

<http://www.al-anon.org/>

## National Resources

Alcoholics Anonymous World Services

<http://www.alcoholics-anonymous.org>

Narcotics Anonymous World Services

<http://www.na.org/>

Dual Recovery Anonymous World Services

<http://www.draonline.org/>

SMART Recovery

<http://www.smartrecovery.org/>

Women For Sobriety, Inc.

<http://www.womenforsobriety.org/>

## Government Resources

National Institute on Drug Abuse

<http://www.nida.nih.gov/>

Substance Abuse and Mental Health Services Administration (SAMHSA)

<http://www.samhsa.gov/ENETWORK/>

<http://www.samhsa.gov/>

National Institute on Mental Health

<http://www.niaaa.nih.gov/>

## Websites regarding AA's Spiritual Roots

<http://www.barefootsworld.net/aasisterignatia.html>

<http://silkworth.net/aahistory/lgnatia.html>

<http://www.a-1associates.com/aa/sisterignatia.htm>

<http://www.orange-papers.org/orange-religiousroots.html>

[http://www.adherents.com/people/pw/Bill\\_Wilson.html](http://www.adherents.com/people/pw/Bill_Wilson.html)

<http://www.slate.com/id/2097144/>